

IM ITALY EMILIA ROMAGNA 20/09/2025

Wave Starts		T		Timing Point		1st W		Rolling Start		CHIUSURA		FINE CHIUSURA		Advertised Cut Offs	
				Transition open / closes		6:00 AM 7:30 AM									
mi km				Sunrise		6:57 AM									
				Sunset		7:09 PM									
START		T				1st / L									
0,311 0,5						01:09		07:30 08:39							
1,181 1,9								7:36 AM 8:57 AM							
2,361 3,8								7:53 AM 9:49 AM							
2,361 3,8		T		Swim Finish		02:43		08:16 10:59						08:39	
				swim speed - kph				4.9 1.62							
				swim pace 100m				00:01:13 00:03:42							
				total swim time				00:46 02:20		Swim Cut off 2					
				T1 transition time				00:03 00:15							
0 0,0		T		S1 TRANSITION 1		02:55		8:19 AM 11:14 AM		6:00 AM 7:30 PM				08:49	
0,621 1,0				SC Viale Tritone		02:56		8:20 AM 11:17 AM		6:00 AM 7:30 PM					
3,107 5,0				SP SS 71 bis / Via Bollana		03:01		8:26 AM 11:27 AM		6:00 AM 7:30 PM					
6,214 10,0				SP SP 6 / Cervara		03:06		8:32 AM 11:39 AM		6:00 AM 7:30 PM					
9,321 15,0				SP SP 254 R di Cervia		03:12		8:39 AM 11:52 AM		6:00 AM 7:30 PM					
9,98 15,9				SP SP 254 R di Cervia		03:13		8:40 AM 11:54 AM		6:00 AM 7:30 PM				11:00	
12,43 20,0				SP Ingresso Casemurate SS 3 bis / E55		03:18		8:46 AM 12:04 PM		6:00 AM 7:30 PM					
15,53 25,0				S1 SS 3 bis / E55		03:24		8:52 AM 12:17 PM		6:00 AM 7:30 PM					
18,77 30,2				S2 INIZIO PRIMO GIRO - giro di boa Km 245,2 SS 3bis / E 55		03:30		8:59 AM 12:30 PM		6:00 AM 7:30 PM					
22,37 36,0				S2 SS 3 bis / E55 direzione nord		03:37		9:07 AM 12:44 PM		6:00 AM 7:30 PM					
25,48 41,0				S2 SS 3 bis / E55 direzione nord		03:43		9:14 AM 12:57 PM		6:00 AM 7:30 PM					
28,58 46,0				S2 SS 3 bis / E55 direzione nord		03:48		9:20 AM 1:09 PM		6:00 AM 7:30 PM					
31,69 51,0				S3 Uscita Cesena Secante		03:54		9:27 AM 1:22 PM		6:00 AM 7:30 PM					
34,8 56,0				S3 Via Santa Croce		04:00		9:34 AM 1:34 PM		7:30 AM 7:00 PM					
37,28 60,0				S3 Via Papa Giovanni XIII		04:05		9:39 AM 1:44 PM		7:30 AM 7:00 PM					
40,39 65,0				S3 SP 39 / Via Cellaimo		04:11		9:46 AM 1:57 PM		7:30 AM 7:00 PM					
44,12 71,0				S3 Via Rita Levi Montalcino		04:18		9:54 AM 2:12 PM		7:30 AM 7:00 PM					
47,22 76,0				S4 Via San Cristoforo		04:23		10:00 AM 2:24 PM		7:30 AM 7:00 PM					
50,33 81,0				S4 Ingresso Cesena Secante		04:29		10:07 AM 2:37 PM		7:30 AM 7:00 PM					
53,44 86,0				S5 SS 3 bis / E55 direzione nord		04:35		10:14 AM 2:49 PM		6:00 AM 7:00 PM				posted cut off time race time	
55,92 90,0				S5 SS 3 bis / E55 direzione nord		04:40		10:19 AM 2:59 PM		6:00 AM 7:00 PM				15:00 06:21	
59,65 96,0				S1 SS 3 bis / E55 direzione nord		04:47		10:27 AM 3:14 PM		6:00 AM 7:00 PM					
62,26 100,2				FINE PRIMO GIRO - giro di boa Km 244,8 SS 3bis / E 55		04:52		10:33 AM 3:25 PM		6:00 AM 7:00 PM					
65,55 105,5				SS 3 bis / E55 lato direzione sud		04:58		10:40 AM 3:38 PM		6:00 AM 7:00 PM					
69,28 111,5				SS 3 bis / E55 lato direzione sud		05:05		10:48 AM 3:53 PM		6:00 AM 7:00 PM					
72,39 116,5				SS 3 bis / E55 lato direzione sud		05:11		10:54 AM 4:05 PM		6:00 AM 7:00 PM					
74,25 119,5				Uscita Cesena Secante		05:14		10:58 AM 4:13 PM		7:30 AM 7:00 PM					
75,5 121,5				Via San Cristoforo		05:16		11:01 AM 4:18 PM		7:30 AM 7:00 PM					
78,6 126,5				Via Santa Croce		05:22		11:08 AM 4:30 PM		7:30 AM 7:00 PM					
80,47 129,5				Via Papa Giovanni XIII		05:26		11:12 AM 4:38 PM		7:30 AM 7:00 PM					
81,71 131,5				Via Maianino Ausa Vecchia		05:28		11:14 AM 4:43 PM		7:30 AM 7:00 PM					
84,2 135,5				Via Badia		05:33		11:20 AM 4:53 PM		7:30 AM 7:00 PM					
87,92 141,5				Via Prati		05:40		11:28 AM 5:08 PM		7:30 AM 7:00 PM					
91,03 146,5				Via San Cristoforo		05:46		11:34 AM 5:20 PM		7:30 AM 7:00 PM					
93,52 150,5				Ingresso Cesena Secante		05:50		11:40 AM 5:30 PM		7:30 AM 7:00 PM					
97,24 156,5				SS 3 bis / E55 direzione nord		05:57		11:48 AM 5:45 PM		7:30 AM 7:00 PM					
99,11 159,5				Uscita Casemurate		06:01		11:52 AM 5:53 PM		6:00 AM 7:30 PM					
100,4 161,5				Via Bagnolo		06:03		11:54 AM 5:58 PM		6:00 AM 7:30 PM					
103,5 166,5				SP 254 / Via Salara Statale		06:09		12:01 PM 6:10 PM		6:00 AM 7:30 PM					
106,6 171,5				Via Cervara		06:15		12:08 PM 6:23 PM		6:00 AM 7:30 PM					
109,7 176,5				Sp 71 bis		06:21		12:14 PM 6:35 PM		6:00 AM 7:30 PM					
111,5 179,5				Via Edmondo De Amicis		06:24		12:18 PM 6:43 PM		6:00 AM 7:30 PM					
111,8 180,0		T		S7 TRANSITION 2		06:25		12:19 PM 6:44 PM		6:00 AM 7:30 AM				2:09 PM 10:05	
				bike speed - kph				4.5 24							
				total bike time				04:00 07:30							
				swim + bike				04:49 10:05		Swim + Bike C					
				T2 transition time				00:02 00:15							
0 0				TRANSITION 2		06:38		12:21 PM 6:59 PM						2:24 PM	
0 0,0				Lungomare Deledda		06:38		12:21 PM 6:59 PM		11:00 AM 12:30 AM					
0,621 1,0				Lungomare Deledda		06:42		12:25 PM 7:08 PM		11:00 AM 12:30 AM					
1,118 1,8				Via Roma		06:45		12:29 PM 7:15 PM		11:00 AM 12:30 AM					
1,243 2,0				Via Roma		06:46		12:30 PM 7:16 PM		11:00 AM 12:30 AM					
1,864 3,0				Via Oriani		06:50		12:34 PM 7:25 PM		11:00 AM 12:30 AM					

2,485	4,0		Viale Due Giugno	Via Spontini	06:55	12:38 PM	7:33 PM	11:00 AM	12:30 AM		
2,548	4,1		Viale Due Giugno	Aid Station 2	06:55	12:39 PM	7:34 PM	11:00 AM	12:30 AM		
3,107	5,0		Viale Due Giugno	Viale Spalato	06:59	12:42 PM	7:42 PM	11:00 AM	12:30 AM		
3,728	6,0		Viale Due Giugno	Via III Traversa	07:03	12:47 PM	7:50 PM	11:00 AM	12:30 AM		
4,287	6,9		Ciclabile Mi.Ma	Aid Station 3	07:07	12:51 PM	7:58 PM	11:00 AM	12:30 AM		
4,35	7,0		Ciclabile Mi.Ma		07:07	12:51 PM	7:59 PM	11:00 AM	12:30 AM		
4,971	8,0		Via Alfredo Oriani		07:12	12:55 PM	8:07 PM	11:00 AM	12:30 AM		
5,592	9,0		Viale Nazario Sauro		07:16	1:00 PM	8:16 PM	11:00 AM	12:30 AM		
5,717	9,2		Lungomare G. D'Annunzio	Aid Station 4	07:17	1:00 PM	8:18 PM	11:00 AM	12:30 AM		
6,214	10,0		Lungomare Deledda		07:20	1:04 PM	8:24 PM	11:00 AM	12:30 AM		
6,661	10,7			INIZIO 2° GIRO	07:23	1:07 PM	8:30 PM	11:00 AM	12:30 AM		
13,05	21,0			INIZIO 3° GIRO	08:06	1:51 PM	9:58 PM	11:00 AM	12:30 AM		
19,44	31,3			INIZIO 4° GIRO	08:50						
26,22	42,2	T	Finish Line		09:23	2:35 PM	11:25 PM	11:00 AM	12:30 AM	posted cut off time	
			run speed - kph			3:20 PM	12:43 AM			23:30	
			run pace 1km			14,00	7,05			5:09 PM	16:04
			total run time			0:04:15	0:08:10				
			total swim, cycle, run time			02:58	05:44				
						07:50	16:04			16:04 Final Cut off 8hrs 30min	